

Dear Scholars,

We hope you are all staying safe and healthy at home! Your work from last week was incredible, and we are so excited to see how much you will grow your brains this week as well! Please continue your excellent work! Parents: We have attached graphic organizers in this document to help better explain what an opinion paragraph and an informational paragraph look like for scholars. Feel free to send pictures of the scholar's work to the teachers! We love to see their work! :)

Love,

Your Teachers

Monday

- Read for 30 minutes
- Math - Solve the following math problems:
 $20 + 3 = \underline{\quad}$ $11 + 4 = \underline{\quad}$ $10 + 40 = \underline{\quad}$ $\underline{\quad} = 11 + 20$ $21 + 4 = \underline{\quad}$
 $19 + 6 = \underline{\quad}$ $19 + 2 = \underline{\quad}$ $10 + 3 = \underline{\quad}$ $\underline{\quad} = 15 + 20$ $9 + 7 = \underline{\quad}$
- Reading- [On Epic, read the book Peek, Otter! National Geographic Readers](#)
- Literacy - Write an informational paragraph about otters. Write to teach someone at home about an otter and all the things they do! Write down as many details as possible! When finished writing you may draw a picture to match! Make sure to include labels in your picture. REMEMBER all the parts of an informational paragraph! Scroll down to see our anchor charts.
- Art - Accidentally on purpose...Make a hole in your paper. You can do this by pushing a pen or pencil through the paper. Make a drawing or design around the hole. Will it be a rabbit hole, a missing tooth, a shooting star? You can even ask someone else in your home to make the hole in your paper for an extra challenge. How will you transform your Oops into a Beautiful Oops?
- PE - Locomotor Skills! Practice each locomotor skill for 2 minutes! Walk, Slide, Run, Skip, Gallop, Hop, Leap and Jump!

Optional

- Try Sight Word Review: Jump for every letter as you spell each word! Try timing yourself!
 - Yourself Just Plant Rainbow First Grade
- Count backwards from 20 while clapping!

Tuesday

- Read your **favorite book** for 30 minutes.
- Math - Solve the following math problems:
 $18 - 3 = \underline{\quad}$ $12 - 4 = \underline{\quad}$ $\underline{\quad} = 17 - 7$ $11 - 6 = \underline{\quad}$ $13 - 9 = \underline{\quad}$
 $20 - 9 = \underline{\quad}$ $10 - 7 = \underline{\quad}$ $\underline{\quad} = 20 - 5$ $11 - 11 = \underline{\quad}$ $20 - 13 = \underline{\quad}$
- Literacy - Write an **informational paragraph** about how to brush your teeth. Remember you need a toothbrush, toothpaste, water, sink!. Write to teach someone at home about how to brush your teeth. Write down as many details as possible! When finished writing you may draw a picture to match! Make sure to include labels in your picture.
- Art - Don't be boxed in by a square! Draw at least 4 squares on a piece of paper. Create a different drawing from each square. For an additional challenge, try folding your paper to make your four squares. What will you transform your square into? A present, a house, a building, or a dog? I can't wait to see what you create!
- PE - 10, 10, 10! Do 10 Jumping jacks, 10 Star Jumps and 10 Mountain Climbers! Do this 3 times!

Optional

- Try Sight Word Review: Write the following sight words 5 times each and then ask a family member to quiz you!
 - **went** **because** **tell** **goes**
- Count backwards from 40 to 0!

Wednesday

- Read for 30 minutes
- Math - Solve the following math problems:
 $12 - \underline{\quad} = 4$ $\underline{\quad} - 7 = 13$ $\underline{\quad} + 10 = 18$ $5 + \underline{\quad} = 15$ $12 + \underline{\quad} = 22$
 $18 - \underline{\quad} = 5$ $\underline{\quad} - 17 = 3$ $\underline{\quad} + 14 = 20$ $6 + \underline{\quad} = 18$ $11 + \underline{\quad} = 19$
- Literacy - Write an **opinion paragraph** about **your favorite co-curricular**. Set a timer for **15 minutes** and write a paragraph to convince your teacher (or someone at home!) and describe your favorite things to do in that co-curricular! This should look like an **opinion paragraph**, but when the timer goes off, you can stop writing, whether you are done or not!
- Art - Using **ONLY** triangles of different sizes, draw your favorite animal. Be silly and use your imagination! You can also cut out paper triangles and arrange them to make your favorite animals. Do you have more than one favorite animal and cannot choose? Draw them all and make a triangle animal zoo!
- PE - Safely practice overhand throwing. Find a soft ball and practice these steps: Step, Back, Point and Throw! Throw with someone outside.

Optional

- Try Sight Word Review: Write each word 5 times. Then write a sentence using each word.
 - **thing give think have**
- Draw tally marks up to 100! Count them by 5's when you are all done!

Thursday

- Read for 30 minutes
- Math - Solve the following word problems:
 - Diana had some candies. She ate 5 of them and saved 12 for later. How many candies did she have at the beginning?
 - Karla had 15 candies. She ate 5 of them and they were delicious! How many candies does she have now?
 - Logan had 16 candies. His mom gave him 3 more. How many candies does he have now?
 - Aaliyah has 13 candies. Abigail has 4 fewer than Aaliyah does. How many candies does Abigail have?
 - Rosalind has 12 candies. Some are sweet candies and some are sour candies. If 4 candies are sour, how many are sweet?
- Literacy - Set a timer for **15 minutes** and write a paragraph to convince your teacher (or mom or dad or a sibling!) to watch your **favorite show or movie!** This should look like an **opinion paragraph**, but when the timer goes off, you can stop writing, whether you are done or not!
- Art -Let's go fly a kite! If you could design your own kite what would it look like? Will it be big or small? What shapes will you use? Will it be colorful? Let your imagination soar.
- PE - Balance on your hands and feet (at the same time) for as long as you can! Try this 3 times! Can you balance on one hand and one foot? Try that 3 times!

Optional

- Try Sight Word Review: Write a sentence with these 3 sight words!
 - **try** **make** **while**
- Set a timer to see how fast you can count up to 100!

Friday

- Read for 30 minutes.
- Math - Spend the next 10 minutes solving the following problems.

16-___=10 9-4=_____ 12+7=_____ 2+8=_____ 15-4=_____ 3+7=_____ 5+___=10

11-7=_____ 18-6=_____ 14+4=_____ 9-2=_____ 4+6=_____ 8+10=_____ 13-3=_____

- Literacy - Set a timer for 15 minutes and write a **paragraph** about someone you think is a **hero**. We learned in class that a hero is someone who is helpful and solves problems. Who do you think is a hero? You can write about someone you know or a character from a story! When the timer goes off, you are done writing! You may have one sentence, or you might have five, both are good. Again, your teachers are looking for the **quality** of the work you have, not the quantity.
- Art - Free form Friday! Draw organic (wiggly, jiggly) lines and shapes on your paper without lifting your drawing tool from the paper. Add lines, shapes, and colors to your design.
- PE - Do **100** jumping jacks!!! Count out loud when you do them and try to do them without a break!

Optional

- Try Sight Word Review: Write these 5 words 10 times each!!
 - again would just after once
- Try to count backwards from 50! Use this 100's chart for help if you need it!

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

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1st Grade Week 7 Assignments

Remember to follow your co-curricular teachers on instagram, and send them photos and videos of you doing their projects!

Campus	Teacher	Instagram Email address
Douglass Campus	Mr. Rego - Art	@alma_douglass_art chrisrego@almadelmar.org
	Ms. Mello - PE	@douglass_pe_ms_mello jaimemello@almadelmar.org
Ottiwell Campus	Ms. Dooher - Art	@ms_dooher_art_almadelmar elizabethdooher@almadelmar.org
	Mr. Matzdorff - PE	@matzdorff_almadelmar_pe jeffreymatzdorff@almadelmar.org
	Ms. Brown - PE	@ms_browns_pe_class bethanybrown@almadelmar.org Also check out Ms. Brown's Youtube Channel !

Alphabet workout... use these workouts to spell the words of the day!

A- 10 jumping jacks

B- 5 push- ups

C- 1 burpee

D- 20 high knees

E- 5 sit ups

F- 10 mountain climbers

G- 5 squats

H- 10 lunges

I- 10 side lunges

J- 20 mummy jacks

K- 20 second plank

L- 5 squat jumps

M- 5 star jumps

N- 10 seconds jump rope

O- 10 toe touches

P- 20 butt kicks

Q- 10 opposite hand/ opposite foot touches

R- 10 skaters

S- 10 arm circles

T- 20 scissor jumps

U- 10 plank jacks

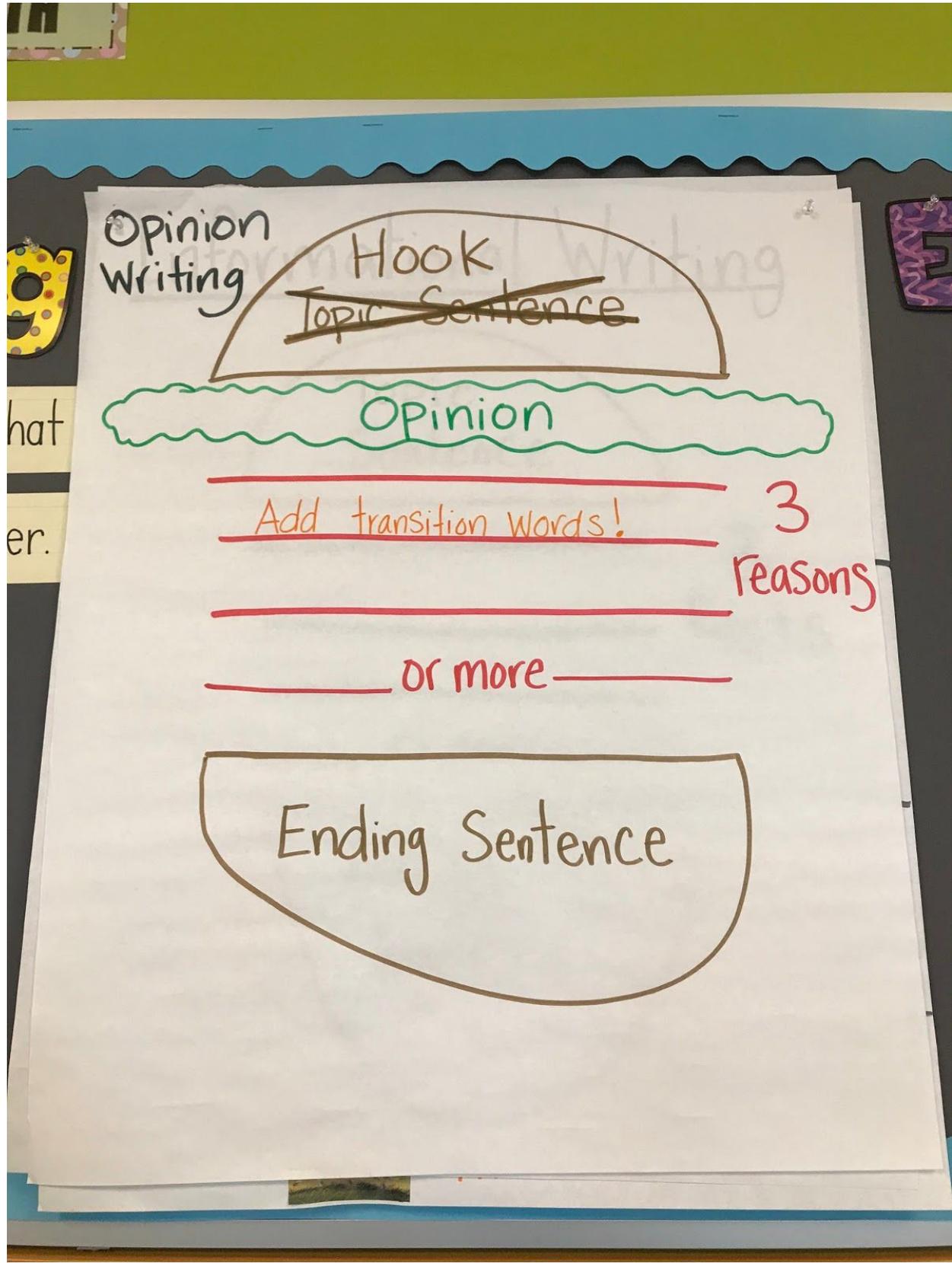
V- 10 touchdown jacks

W- 3 inchworms

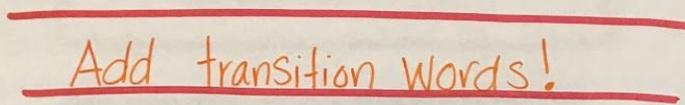
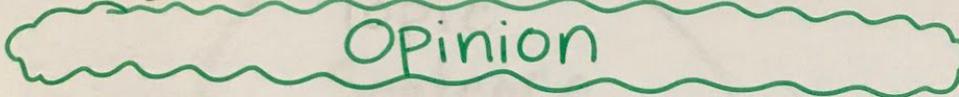
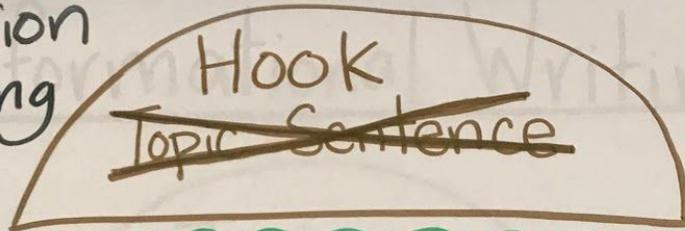
X- 10 seconds run in place

Y- 10 seconds fast feet

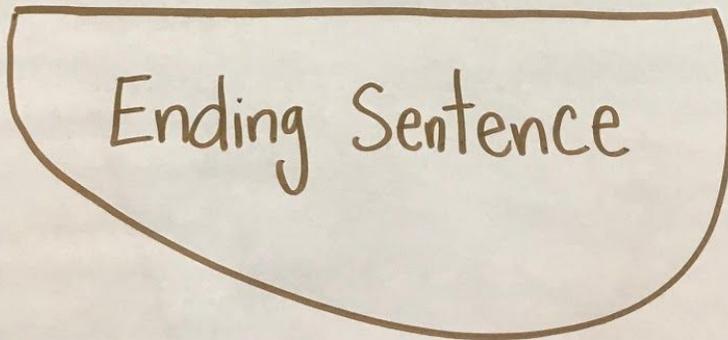
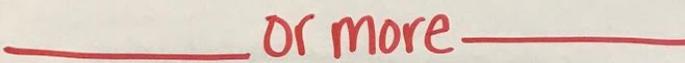
Z- 5 plie squats

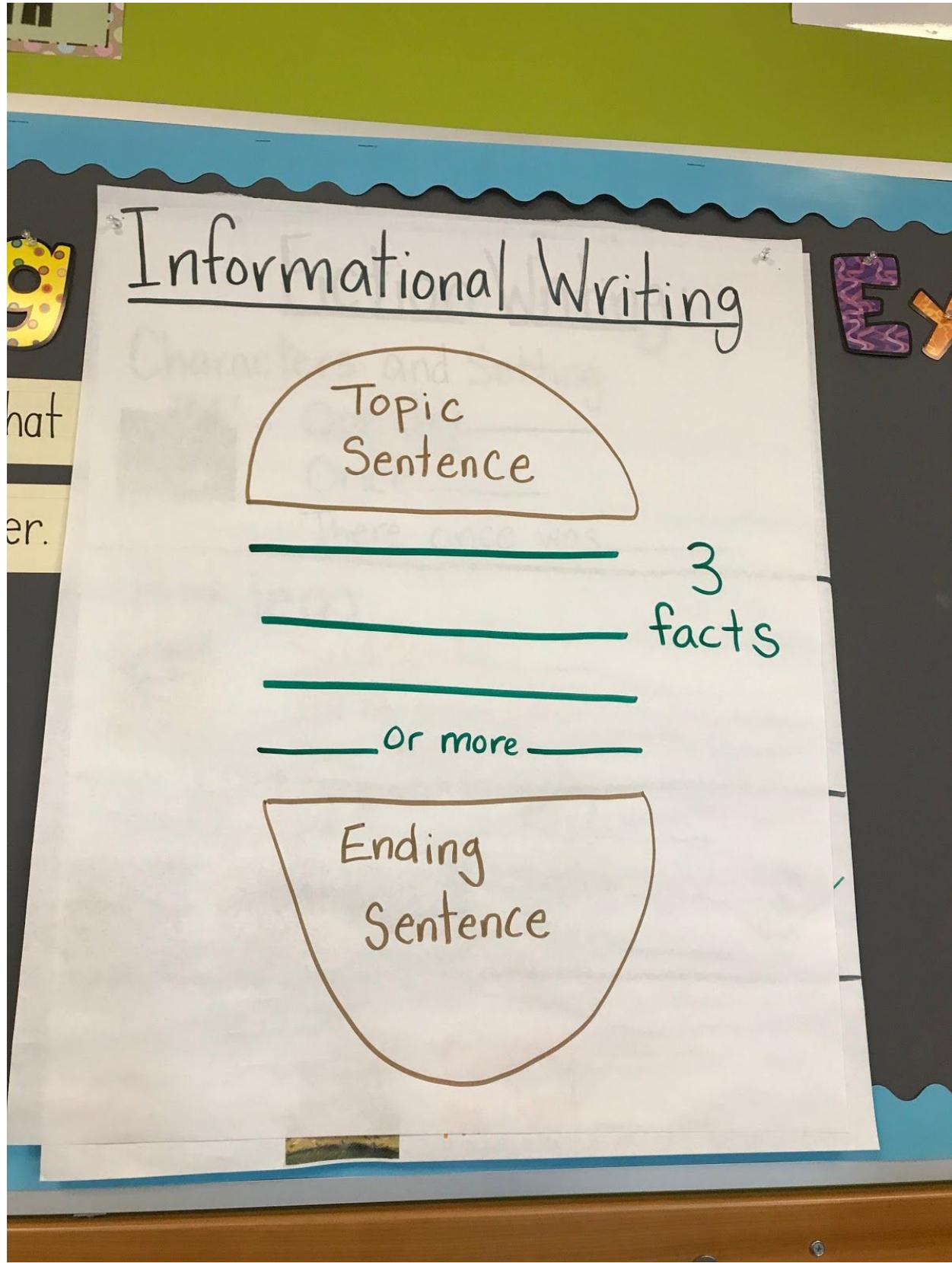


Opinion Writing



3
Reasons





Informational Writing

Topic Sentence

3 facts

Or more

Ending Sentence