

Dear Scholars,

These are your activities for this week. We will continue to make phone calls to talk to you about the books you are reading. Please send us pictures of you completing your work so that we can see all of the great things that you are doing. Make sure that you are reading daily and practicing all of your sight words. Your co-curricular teachers left some art and PE activities for you to engage in as well. Remember to stay healthy and tell your family how much you love them. We miss you all so much!

Love,

Your Teachers

Monday: No school today...play outside if the weather is good. Enjoy your day!

Tuesday:

- Words to study: **play, girl, said, this, him, if, that, of, all, your**. Have a grownup help you study these words, so you can complete the daily challenges. For today you will just rainbow right each sight word four times. This way you can become experts at spelling these sight words.
- **Humanities:** Think about a time you went to a party. Who did you go with? What did you do? Did you have fun? If so, why was it so fun? Log into Epic to read today's story (take the quiz at the end).
[Epic story: Tough Jim](#)
[Ms. Stanford's read aloud: This is the Place for Me](#)
- **Math:** Warm up: Count to 100 while moving your body (jumping jacks, hopping) or [use this video to count to 100 with grandma and grandpa](#). Activity: Count how many forks you have in your kitchen. Count how many spoons you have. Write the numbers on a piece of paper. Which one do you have more of? Which one do you have less of? Challenge: Do this with different objects.
- **Writing:** Write and teach your teacher about what you would like to be when you grow up. What job do you want to have? What do you have to do at that job? Why do you want this job? When you're done, take a picture and send it to your teacher!

- **PE:** Try and sit in an invisible chair 10 times - sit then stand, sit then stand, etc. Do this 3 times!
- **Art:** Create a natural composition. In art, a composition is the way in which lines, shapes, and objects are arranged. See what you can find in your backyard such as leaves, rocks, and sticks and arrange to create a natural composition. If you are unable to go outside, you can use items from around your home. You can arrange, stack, or balance recyclable materials like empty cardboard boxes or water bottles to create a 3-D composition.

Wednesday:

- **Sight Word Challenge:** **play, girl, said, this, him, if, that, of, all, your.** Today you will write your sight words on flashcards or a piece of paper. Write each sight word two times so that you have 20 cards in all. (You may even rainbow write them!) Now you can play a matching game with your sight words with someone in your family.
- **Humanities:** Have you ever reused something instead of just throwing it away? If so, what was it? If not, what do you think you could reuse in your house next time? Log into Epic to read today's story (take the quiz at the end).
[Epic story: We Can Reuse it!](#)
[Ms. Stanford's read aloud: A Pet for Pete](#)
- **Math:** Warm up: Count to 100 while moving your body (shoulder circles, running in place, etc.) or [count to 100 with zoo animals in this video](#). Activity: Draw a picture and count groups of items in the picture. (Example: How many family members? Pets? flowers?) Challenge: Write the number of each group above it. Which one has more? Which has less?
- **Writing:** Write and teach your teacher about your favorite parts of your home. What do you like best about your home? Who lives in your home with you? Where is your favorite spot in your home? Take a picture of your writing and send it to your teacher!
- **PE:** Bend down and touch your toes 10 times. Then hold your arms out like you're making the letter "T" with your body. Make circles with your arms in the air for 20 seconds!

- **Art:** Happy Earth Day! Take an empty food box or plastic bottle and use paper, crayons or markers, and glue or tape to create a new package for an imaginary product like your own brand of breakfast cereal or a silly smelly scent for a bottle of shampoo. If you use a cardboard box, you can open it up and draw directly on the blank cardboard surface. Be silly and use your imagination!

Thursday:

- **Sight Word Challenge:** **play, girl, said, this, him, if, that, of, all, your.** Today you will play Sight Word Shake. Take the cards you made on Wednesday and put them in a bag. Shake the bag and spill out the cards. Only read the sight words that are facing up! Then put them all back in the bag and do it again!
- **Humanities:** How did you feel on the first day of school? Excited? Scared? Happy? Think about what it would be like to change schools again or move somewhere new. How would you feel? Log into Epic to read today's story (take the quiz at the end).
[Epic story: The New Neighbors](#)
[Ms. Stanford's read aloud: "What is that?" Said the Cat](#)
- **Math:** Warmup: Count up to 100 while moving your body (clap, snap, hop) or [count like a cowboy with this video](#). Activity: Write the numbers 1-20 and draw that many dots beside each number. (Example: 1 * 3 *** 7 *****) Challenge: Can you do the same for any numbers higher than 20? How high can you go?
- **Writing:** Write to teach your teacher about your favorite book. What is the title? Do you remember who the author and illustrator are? What is the book about? Is it fiction or nonfiction? How does it end? Take a picture of your writing and send it to your teacher.
- **PE:** Pretend to jump rope while counting to 15. Repeat this 3 times!
- **Art:** Find an interesting looking stick, leaf, or rock outside and make an observational drawing of that object. Do your best to only draw the lines and shapes you see in the object and use your crayons or markers that match the object's colors.

Friday:

- **Sight Word Challenge:** **play, girl, said, this, him, if, that, of, all, your.** Who will be a Sight Word Champion? Today you will study all of your sight words. Your teacher will choose five of your words to quiz you on. You will take your sight word quiz next week, on Zoom or by phone. Study well scholars--you don't know which words your teacher will choose!
- **Humanities:** Have you ever seen a goat before? This is a great story about 3 different goats! Tell someone your favorite part after reading the book. Log into Epic to read today's story (take the quiz at the end).
[Epic story: The Three Billy Goats Gruff](#)
[Ms. Stanford's read aloud: Stuck](#)
- **Math:** Warm up: Count to 100 while moving your body(side to side, squats) or [count to 100 with the DJ in this video](#). Activity: How many steps does it take to visit every room in your home? Can you do it again using fewer steps?
- **Writing:** Write to teach your teacher about your favorite place to go. Why is it your favorite place? What do you like to do there? Who do you usually go there with? Take a picture and send your writing to your teacher!
- **PE:** Lay on your back and pedal your legs in the air like you are riding a bicycle for 30 seconds. Do this 3 times!
- **Art:** Invisible drawing! Use water with a brush or your finger to "paint". When the water dries are there any traces of your painting? This technique works well on cement surfaces, sidewalks, and cardboard.

At Home Learning Resources

Teach your Monster to Read (Phonics/Reading)

<https://www.teachyourmonstertoread.com/> passwords provided by teachers

EPIC (reading)

<https://www.getepic.com/sign-in> passwords provided by teachers

Readworks (reading and questions)

<https://www.readworks.org/> password provided by teachers

Seesaw (all subjects)

<https://web.seesaw.me/> password provided by teachers

Alma families, please follow

Mr. Rego's art class on Instagram: @alma_douglass_art

Send photos of your artwork to chrisrego@almadelmar.org

or tag the Instagram accounts

and

Ms. Doohar's art class on Instagram: @ms_doohar_art_almadelmar

Check our Instagram accounts for step-by-step visual instructions and examples of completed projects.

Fine Motor Skills: <https://handsonaswegrow.com/fine-motor-skills-activities/>

PE Activities/Movement/Yoga: GoNoodle: <https://www.gonoodle.com/>

Jack Hartman: <https://www.youtube.com/user/JackHartmann/videos?app=desktop>