

Dear Scholars,

These are your activities for this week. We will continue to make phone calls to talk to you about the books you are reading. Please send us pictures of you completing your work so that we can see all of the great things that you are doing. Make sure that you are reading daily and practicing all of your sight words. Your co-curricular teachers left some art and PE activities for you to engage in as well. Remember to stay healthy and tell your family how much you love them. We miss you all so much!

Love,

Your Teachers

Monday:

- **Words to study:** **this, or, are, your, two, all, boy, of, that, big.** Write these words down on a piece of paper or index card. Have a grownup help you study these words so you can complete the daily challenges and become a sight word champion! You will also learn a new sound this week. Your teacher will let you know more about our new sound.
- **Humanities:** Questions before reading: Do you have a pet? What kind of pet do you have? How do you take care of your pet?
[Epic Book: My First Pet Dogs](#) (don't forget to take the quiz at the end)
- **Math:** Find your favorite toy and practice counting to your toy. Can you count all the way up to 100? Now you are going to make different number bonds that make up the number 6. What are all of the parts that make 6? Draw all of your different bonds by drawing dots or using your fingers. How many bonds were you able to make for the number 6?
- **Writing:** Pick three of your new sight words and write a sentence for each. Don't forget to make your sentence interesting and stretch out new words!
- **PE:** Locomotor Skills! Practice each locomotor skill for 2 minutes! Walk, Slide, Run, Skip, Gallop, Hop, Leap and Jump!
- **Art:** Accidentally on purpose...Make a hole in your paper. You can do this by pushing a pen or pencil through the paper. Make a drawing or design around the hole. Will it be a rabbit hole, a missing tooth, a shooting star? You can even ask

someone else in your home to make the hole in your paper for an extra challenge.

How will you transform your Oops into a Beautiful Oops?

Tuesday:

- **Sight Word Challenge:** What's Your Best Time? Get your sight word cards and make a stack (with the words facing down). Have a grownup use a stopwatch or they can count. Your job is to read your words as fast as you can. Make a pile of correct words and incorrect words. Have your grownup stop when you're done reading. *What was your time? How many words did you read correctly? Play again. Did you beat your time? Did you get more or less words correct?*
- **Humanities:** No questions today, but there's a special activity you can try after you listen to the story!

[Epic Book: How Do Plants Grow?](#) (don't forget to take the quiz at the end)

Optional activity: Grow your own plant! Here's what you need: a clear plastic cup or a jar, wet paper towels (number depends on how tall your cup or jar is), and beans (4 should be good). Put the wet paper towels in a plastic cup or jar. Make sure to squeeze out some of the water so it's not dripping into the cup/jar. Then place the beans between the paper towel and the cup/jar. This will help you see your plant grow. Put your cup/jar in a safe spot. In about a week you should see something happening! You can send your teacher pictures of your plant as it grows!

Here's a picture to help you see where to place your beans.



- **Math:** Do your favorite exercise and practice counting by 10s. How high can you count up to? Now find 7 toys in your room. Study your toys really carefully and figure out your parts. How are your toys different? Write your parts in a number bond for the number 7. For example: I have 7 cars. 2 of my cars are jeeps and the

other 5 are race cars. Now I have to find different parts for the number 7 by using my toys. How many different number bonds can you make for the number 7?

- **Writing:** Pick someone in your home to write a message to. Tell them three things you like about them. Make sure to show them your work!
- **PE:** 10, 10, 10! Do 10 Jumping jacks, 10 Star Jumps and 10 Mountain Climbers!
- **Art:** Don't be boxed in by a square! Draw at least 4 squares on a piece of paper. Create a different drawing from each square. For an additional challenge, try folding your paper to make your four squares. What will you transform your square into? A present, a house, a building, or a dog? I can't wait to see what you create!

Wednesday:

- **Sight Word Challenge:** You're The Teacher! Gather your sight word cards and get your grownup ready for their sight word quiz! Give them a piece of paper and pencil or pen. Say each word and have your grownup write it (**PERSON TAKING THE QUIZ, PURPOSELY MISSPELL A FEW WORDS TO SEE IF SCHOLARS PICK UP ON IT**). Correct their quiz. *Did they get them all correct? Which words did they misspell?*
- **Humanities:** Questions before reading: *What animals do you see outside? What are they doing?*
[Epic Book: What happens in spring? Animals in spring](#) (don't forget to take the quiz at the end)
- **Math:** Practice writing your numbers from 1-20 in order on a piece of paper. Did you write all of your numbers correctly? How good are you at using your fingers? Your job is to use your fingers to figure out all of the parts that make up the number 5. Once you make 5, it is your job to draw a number bond to make 5. How many different number bonds can you make for the number 5?
- **Writing:** We're going to play I-Spy, but with writing! Look around your house and pick out an object. Describe your object using 2-3 sentences. You can use the sentence starter, "It has....." or "My object has....." Think about the color, shape, texture, etc. Then give your writing to someone in your house and see if they can figure out what you were describing! Take a picture of your writing and send it to your teacher!

- **PE:** Safely practice overhand throwing. Find a soft ball and practice these steps: Step, Back, Point and Throw! Throw with someone outside.
- **Art:** Using ONLY triangles of different sizes, draw your favorite animal. Be silly and use your imagination! You can also cut out paper triangles and arrange them to make your favorite animals. Do you have more than one favorite animal and cannot choose? Draw them all and make a triangle animal zoo!

Thursday:

- **Sight Word Challenge:** All Scrambled Up! Choose two tricky words from you list and have a grownup write each word on a piece of paper or index card. Make sure that there's space between each letter (example: s a i d). Have your grownup cut between the letters. Mix up the letters and then put the letters back in the correct order.
- **Humanities:** Questions before reading: *How do you feel about going to the doctor?*
How do you feel after you see the doctor?
[Epic Book: Doctors](#) (don't forget to take the quiz at the end)
- **Math:** Pick your favorite exercise and start counting while you move. What number did you count up to while doing your favorite exercise? Your challenge is to count higher than your teacher. Grab a piece of paper and make different number bonds to make the number 8. What makes 8? Draw dots or use your fingers to make your number bonds.
- **Writing:** Pick three DIFFERENT sight words than the ones you picked Monday, and use each one in a sentence. Take a picture of your writing and send it to your teacher.
- **PE:** Balance on your hands and feet (at the same time) for as long as you can! Try this 3 times! Can you balance on one hand and one foot? Try that 3 times!
- **Art:** Let's go fly a kite! If you could design your own kite what would it look like? Will it be big or small? What shapes will you use? Will it be colorful? Let your imagination soar.

Friday:

- **Sight Word Quiz:** Will you be The Sight Word Champion? Study your words and make sure you're ready! Your teacher will give you your sight word quiz on Zoom, by phone, or on FaceTime!
- **Humanities:** Look around the room you are in. *Can you find at least three shapes?* Now close your eyes and pretend you are at the beach. *Can you spot some shapes at the beach? What shapes did you see?*
[Epic Book: Play With Shapes!](#) (don't forget to take the quiz at the end)
- **Math:** Stand on one foot and start counting as high as you can. Write it down. Switch to the other foot and count again as high as you can. Write this number down. Can you count better on your left foot or your right foot? Talk about it with your family. Now walk around your house. What is something that you have 9 of? Study these objects closely. How are they different? What are your parts? On a piece of paper, draw different number bonds to make the number up the number 9.
- **Writing:** Tell your teacher about your week! What did you do that was fun? What was boring? How did you feel? Please write 3-5 sentences. Take a picture and send your writing to your teacher!
- **PE:** Do **100** jumping jacks!!! Count out loud when you do them and try to do them without a break!
- **Art:** Free form Friday! Draw organic (wiggly, jiggly) lines and shapes on your paper without lifting your drawing tool from the paper. Add lines, shapes, and colors to your design.

At Home Learning Resources

[Teach your Monster to Read](#) (Phonics/Reading) - passwords provided by teachers

[EPIC](#) (reading) - passwords provided by teachers

[Readworks](#) (reading and questions) - password provided by teachers

[Seesaw](#) (all subjects) - password provided by teachers

[Hands On As We Grow](#) (fine motor skills)

[GoNoodle](#) (PE Activities, dance, movement, yoga)

[Jack Hartman's Kids Music Channel](#)

Remember to follow your co-curricular teachers on instagram, and send them photos and videos of you doing their projects!

Campus	Teacher	Instagram Email address
Douglass Campus	Mr. Rego - Art	@alma_douglass_art chrisreg@almadelmar.org
	Ms. Mello - PE	@douglass_pe_ms_mello jaimemello@almadelmar.org
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